

Children's Dental Health Month

Social Posts

FEBRUARY 2, 2026



Dr. Tooth Fairy is in Connecticut during Children's Dental Health Month this February, and she has lots of mouth-healthy tips for your children. Visit her online at: ctdhp.org/dr-tooth-fairy-2. Some messages available in Spanish, Portuguese, Arabic and Polish. #NCDHM26 #drtoothfairy #CTDHP



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FEBRUARY 6, 2026



Do you have a little one with a tooth that's about to fall out or just fell out? Dr. Tooth Fairy, along with her friend Hector the Hygienist, have some tips to share about how to maintain a healthy mouth and the role baby teeth play: youtube.com/playlist?list=PLhWL8UPdIaE1WC2WtfbonCJ9gB2cZuQi. #NCDHM26 #CTDHP



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FEBRUARY 9, 2026

**Dr. Tooth Fairy's
Brushing Tips**

**Come Hear What
Dr. Tooth Fairy has to Say**



ctdhp.org/dr-tooth-fairy-2

Wondering how to keep your teeth bright and healthy? Dr. Tooth Fairy has some ideas. Visit her online at: ctdhp.org/dr-tooth-fairy-2 to hear her mouth-healthy tips. Some messages available in Spanish, Portuguese, Arabic and Polish. #drtoothfairy #NCDHM26 #CTDHP

FEBRUARY 13, 2026

**Smile Wide
with fluoride**



ctdhp.org/attn-parents-fluoride-varnish

Fluoride varnish helps keep your child's teeth healthy by reducing their risk of tooth decay. Many schools' dental programs and pediatricians will offer this service. Learn more about fluoride varnish here: ctdhp.org/attn-parents-fluoride-varnish #NCDHM26 #fluoridevarnish #HUSKYHealth #ABCProgram #CTDHP

FEBRUARY 16, 2026

Brush, Floss, Repeat



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Make good oral health habits and daily practice for your family. Visit our website for brushing and flossing tips for you and your family: ctdhp.org/kidsbrushandfloss. #oralhealth #CTDHP

FEBRUARY 20, 2026

Remember to Replace



February is Children's Dental Health Month! It's also a great time to replace your kid's toothbrush. A worn toothbrush does not work as well in cleaning your child's teeth. Replace your child's toothbrush every 2 or 3 months or whenever it appears to be getting worn out. If your child or a family member has been sick, it's a good idea to replace the toothbrush as well. More toothbrush tips: ctdhp.org/is-it-time-to-change-your-toothbrush #CTDHP

FEBRUARY 23, 2026



A healthy future for your child is something you can build. Make sure to schedule your children's important dentist and pediatrician appointments. Two visits to the dentist and at least one well-child visit to the pediatrician a year can have a great impact on your children's oral health and overall health throughout their lifetimes. This message is brought to you by the Connecticut Dental Health Partnership (ctdhp.org). #NCDHM26 #HUSKY Health #ASTDD



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