

HOW TO PREPARE FOR YOUR DENTAL APPOINTMENT

Here are five tips to help you have a successful dental appointment:



1. Write down your questions and concerns

Write down all questions and concerns you have about your teeth and mouth before your visit, so you won't forget them while at your appointment.



2. Confirm your appointment

The dental office will call or text you 24-48 hours before your appointment to confirm the appointment. Be sure to respond.



3. Arrive early and have your information ready

Make sure to arrive about 15 minutes early so you have time to complete any necessary forms. You may be asked for your address, phone number, email address, insurance information, and other details. Please bring your photo ID and HUSKY Health card.



4. Provide a list of all medications you are taking

Your dentist must know all the medications you are taking, including over-the-counter medications, even vitamins and herbal supplements. Bring a list of your medications and supplements to your appointment, or the actual medications if you don't have a list.



5. Let your dentist know if you're anxious

If you are anxious about the appointment, talk to your dentist and hygienist. Many other patients have the same fears as you do. Your dentist and hygienist know how to make you less anxious during the appointment.

ADDITIONAL RESOURCES

Does anxiety or fear keep you from getting to the dentist? We have some suggestions for you. Just call us at: **855-CT-DENTAL** (855-283-3682).

Hearing impaired members, please dial 711 for Relay Connecticut assistance

Our mission is to enable all HUSKY Health members to achieve and maintain good oral health. We work to ensure all members have equitable access to oral health services.



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